

November 2018

"Cabaret"?; classes for 2019



Belly Dance Classes 2018

South Brighton

NextStepsMixed

(by invitation only)

Tuesdays 6:30-7:45pm

Belly Dance Classes 2019

South Brighton

Summer Belly Dance

(all welcome but experience helps)

Tuesdays 6:30-7:30pm

8-29 January

NextStepsMixed

(by invitation only)

Tuesdays 6:30-7:45pm

5 February-9 April

Introduction to Belly Dance

One or more of:

Wednesdays 6-7:15pm

Wednesdays 7-8:15pm

Thursdays 6-7:15pm

13 February-3 April

Movement Classes 2019

South Brighton

Summer Movement

(all welcome)

Tuesdays 6:00-6:30pm

8-29 January



We don't dance "Cabaret"!

Sometimes you'll hear people talk about "cabaret" dancing. What is it? And why do I not tend to use the term?

It came from California in the mid-70s, from the newly emerging "ethnic" or "tribal" dance movement which was laying claim to authenticity while distancing itself from actual belly dance in the Middle East and existing, working belly dancers in the States. It was intended as an insult and the history of the word supported this.

The term was originally French. The first "official" cabaret Chat Noir in 1881 – a place where painters, poets, composers and performing artists could meet and confront the bourgeois audience with their shockingly new art and ideas. Berlin had its first cabaret in 1901. Sex and nudity were common. And in many cases "cabaret" was often another name for a brothel – with entertainment. Cabarets are sleazy dives associated with drink, drugs, live sex acts etc.

In the Middle East a "cabaret" is **not** the same as a "nightclub" and "cabaret" dancers are very low class.

I have expanded on this in my video [Come to the Cabaret – What's in a name?](#)

2019 Classes

The last class for 2018 is planned to be **4 December** (but I can be persuaded to do another week or two if there is likely to be a fullish class for the 11th – or even the 18th). We will discuss in class.

As usual I am offering four 1-hour drop in belly dance class for **January**. Take one or miss one as your holidays work out. This is open to anyone but is aimed at people with some existing belly dance technique. Topics will vary each week so each lesson will be stand alone.

I am also offering a 30-minute **movement class** before that. This is not belly dance but works with foot patterns/travelling steps to western music – with hips (of course).

- January belly dance \$50
- January movement \$25
- January both classes \$60
- Single belly dance class \$15
- Single movement class \$10
- Single double class \$20

You are also welcome to use your NextSteps pre-paid for a night – or leave off until February.

NextSteps starts again **5 February**. Term 1 will run for ten weeks (ie until 9 April).

This will be **\$110/term** (or 5 weeks for **\$70**).

Beginner Classes

Beginners are welcome in January but the belly dance class will not be focused on structured learning of technique. (The



movement class is completely open.) For a structured belly dance class, you will have to wait until February.

I am flexible for my term 1 beginners' class. I will take any night (except Tuesday) with **three pre-paid** students. I am suggesting Wednesday or Thursday (6pm or 7pm start) but I am happy to do Monday if there is the support.

Introduction to Belly Dance pricing is:

Early Bird \$90 (paid by 11 February)

8 classes \$110

Casual \$17/class

Or \$170 for two people (enrolled together).

Contact Me

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