

# November 2017

Update on Mob classes, YouTube channel



## Belly Dance Classes 2017

### South Brighton

#### Flash Mob Workshop

Saturday, 28 October 2pm  
Saturday, 4 November 2pm  
Saturday, 25 November 2pm

#### NextSteps1

(post Intro)  
Tuesdays 7:30-8:45pm  
from 10 October

#### NextStepsMixed

(by invitation only)  
Wednesdays 7:00-8:15pm  
from 11 October

#### Contact Me

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[www.bellyraqs.co.nz](http://www.bellyraqs.co.nz)

[YouTube Channel](#)

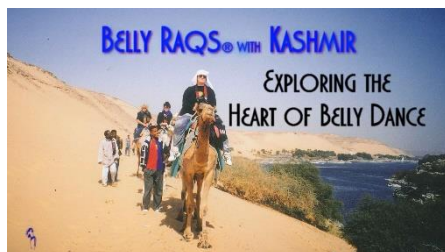
[My blog](#)

[Facebook](#)

## Coming Up:

13-15 April 2018 – MEDANZ Festival  
Napier

[www.medanz.org.nz](http://www.medanz.org.nz)



To receive email copies of the newsletter contact Kashmir -  
or sign up via the link (bottom left) on the website [www.bellyraqs.co.nz](http://www.bellyraqs.co.nz)

## NZ Belly Dance Mob

The feedback has been that Saturday afternoon classes work best and I will be offering two 1-hour classes in November.

Coming up: **Saturday 2pm** – 28 October, 4 November, and 25 November.

Then a break in December. I intend to do more classes next year.

In addition I am happy to do a class for you and your friends or work mates at a time and place that suits. Let them know they won't just be having fun but contributing to **Women's Refuge**.

If they are intimidated by the idea of doing "belly dance" tell them this:

Belly dance does not need to be difficult. Sure if your aim is to be a professional entertainer then expect to work hard and be judged on your appearance, your technique, your musicality, your ability to interact with the audience, and a host of other criteria.

But at its heart belly dance is a folk dance – the social dance style of much of the Middle East used for celebration, self-expression, and enjoyment and as such it is accessible.

The bit that throws some people is while most other dance styles are focused on the legs, belly dance comes from the torso – especially the hips and shoulders with a bit of chest thrown in. But everybody's body can do it – it is just the brain that needs a little work.

You can take part by giving money, doing workshops, hiring the mob, or taking part in the mob. Full details on [my website](#).

## Belly Raqs® YouTube Channel

Yay! I made the magic 100 subscribers – not bad for a niche channel serving the thinking belly dancer. As a result I can now be reached at:

[www.youtube.com/c/bellyraqswithkashmir](http://www.youtube.com/c/bellyraqswithkashmir) - okay so it isn't a lot shorter – but it is certainly easier to remember.

This Sunday is an introduction to Arabic script – which I know will have a low hit rate but I think it is important. Then in November I am offering Reda, some ideas about home practice and Arabic numbers.

I am always open to covering topics you ask for – so feel free to contact me with anything of interest.

I have a list of my videos –and what is coming up on [www.bellyraqs.nz](http://www.bellyraqs.nz) (that's without the .co.)